

**FREE TO BE: DEFEATING INSECURITY,  
TRANSFORMING RELATIONSHIPS, BUILDING  
CHARACTER**

**Michelle B. Anastasi**

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Forexample,therightsandlibertiesofcitizensareaaffectedbytheuseofmi  
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catalogue the acts that can poison the atmosphere in or out of an office, the high costs of toxic behavior to people and organizations, and what it takes to create cultures Building Character everyone can thrive.

The tenor of the times plays a role as well. This means that our feeling of certainty about something is nothing more than a strong emotion.